

# GOGO

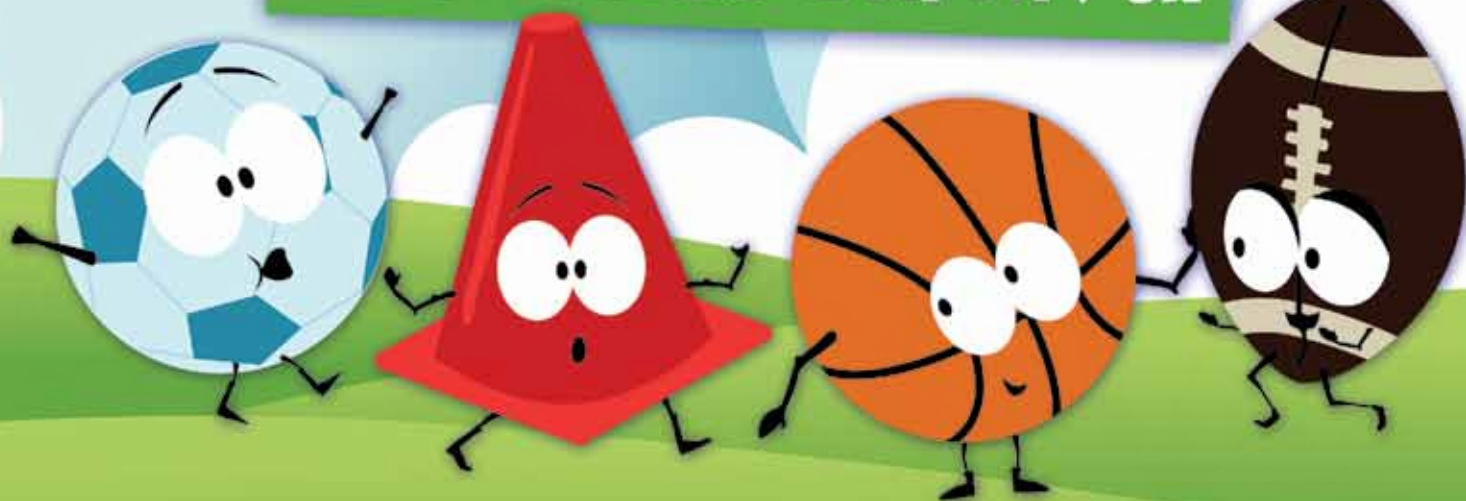
HEALTHY

# Kids!



Sports Day

Athletics carnival



A GoGo Sports Day is a special whole-school event designed to cater for students of all ages in an atmosphere that is enjoyable, challenging and safe. The activities meet the needs of each student's level of growth and development. Working together, we can design a day that will meet your venue and event needs.

[www.gogohealthykids.com.au](http://www.gogohealthykids.com.au)

# An Example of Gogo Sports Day Event may be:

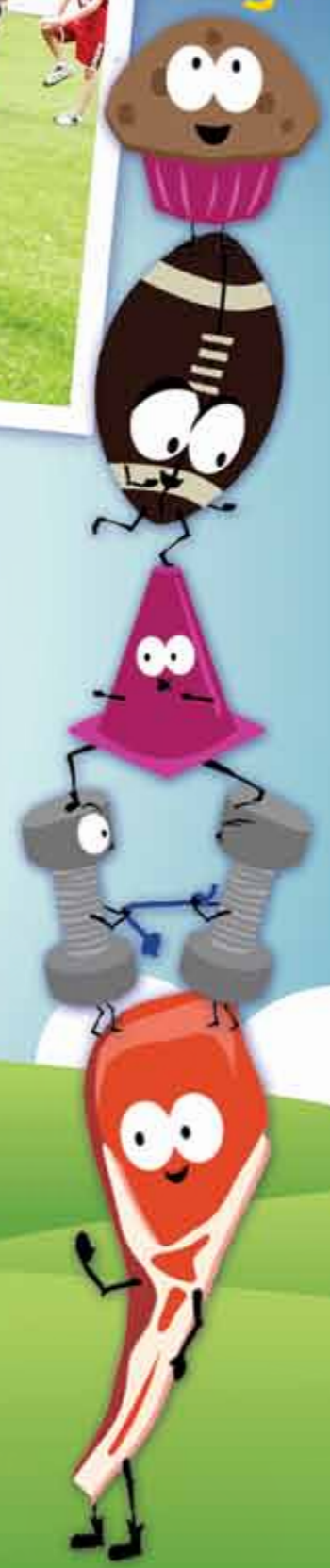
- Athletics Events  
(long jump, high jump, discus, running, relay....)
- Trampolines
- Dance;  
Zumba Activity
- Ball Games
- Fitness Tests
- Tug of War
- obstacle course
- Relays
- Parachute Games  
& More...

Get a single year group or the whole school involved. Our programs have been designed to work with the needs of individual schools. GOGO Healthy Kids are flexible, and so are our programs!



check out our other  
great programs to get  
your School Healthy and Fit!

- HEALTHY INC PROGRAM
- FITNESS CLASSES
- TEACHERS FITNESS CLASS
- AND MANY MORE!



You can find more information  
on our wide range of programs  
through our website

[www.gogohealthykids.com.au](http://www.gogohealthykids.com.au)

## check out what our clients are saying about us:

"GoGo Healthy Kids have worked in our school, focusing on improving student fitness levels as well as educating them on healthy foods and exercise. They are highly engaging, motivating and enthusiastic and the students aged from kindergarden to year 6 thoroughly enjoy their high energy fitness sessions. I would thoroughly recommend giving them a try!"

**Tania RILEY**

Principal (Paddington Public school)

"GoGo Healthy Kids gets kids truly excited about sport and exercise all while having fun and in such a playful way. I couldn't recommend it highly enough!"

**Justine CULLEN**

Editor, Shop 'til you Drop / Shop 4 Kids  
(Mum to Milo, 5 and Iggy, 4)

"I just wanted to pass on that the feedback from my son has been so positive to your program! My boys are involved in many activities and for Jack this one really stands out as a winner."

**Heidy**

Founder of Luckygoucleanse  
(Mum to Jack, 7)

"The children at our service have really taken a strong liking to the Go Go sessions! The coaches are very enthusiastic and find creative fun ways to motivate the children. I strongly recommend Go Go to any centre that wants to run a fun fitness program.

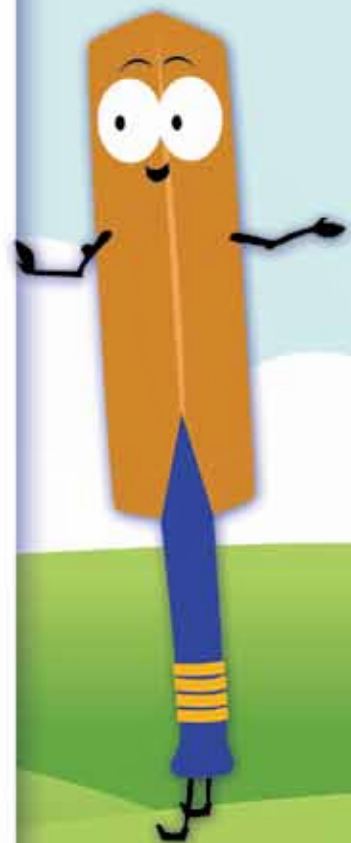
**Maria Elena Peroy**

Randwick OOSH Coordinator

"My 6 year old daughter is so happy and so positive after an hour of GoGo Healthy Kids. She is learning to feel great from exercise and that is just fantastic!"

**Bec**

(Mum to Ornella, 6)



## Contact us:

by email: [info@gogohealthykids.com.au](mailto:info@gogohealthykids.com.au)

by phone: 1300 482 209